



# 5K Run/Walk Race for SPINAL VICTORY

To Benefit Spinal Cord Research and the  
Long Island Spinal Cord Injury Resource Center

**WALKERS WELCOME!**  
Help Support The Cause!



Testaverde Fund for Spinal Cord Injury, Inc.

Sponsored by



## Sunday, April 10, 2016 • 9AM Start Wantagh High School *Start & Finish*

<b>ENTRY FEE</b>	<b>Runners/Walkers</b>	\$20 if postmarked by March 10, 2016 \$25 if postmarked by April 2, 2016 \$30 Race Day Registration
	<b>Children</b> (14 & under)	\$10 if postmarked by March 10, 2016 \$15 if postmarked by April 2, 2016 \$20 Race Day Registration

Call race director for special rates for children's groups.

**OR PAY NO ENTRY FEE** - Download a sponsor sheet from [www.testaverdefund.org](http://www.testaverdefund.org). Collect a minimum of \$50.00 sponsorships. PLUS receive one Special Raffle Ticket\* for every \$50.00 you collect.

**ONLINE REGISTRATION:** [www.justregister.net](http://www.justregister.net)

**AWARDS** TOP OVERALL MALE/FEMALE  
AGE GROUP - 3 Deep in 5 year age groups (14 & under through 80+)

**DIRECTIONS** Southern State Parkway, Exit 28 South (Wantagh Ave.)  
to Beltagh Avenue, make right at light after King Kullen.

**RESULTS** [www.justfinish.net](http://www.justfinish.net) Timing provided by Just Finish Inc. Using the newest technology in disposable chip timing with the RFID Ultra Timing System!

**\*SPECIAL RAFFLES for FLAT SCREEN TV and MUCH MORE!**

*Do not need to be present to win - drawing to take place at 10am ceremony.*

*Very fast, flat course - only 4 turns  
with long straightaways!!!*

**RACE DAY  
CHECK-IN/REGISTRATION**

7:00-8:30 a.m.

Wantagh High School

**EARLY NUMBER PICK-UP**  
Saturday, April 9, 11 a.m.-5 p.m.

Runner's Edge

242 Main Street, Farmingdale  
516-420-7963

**POST-RACE AWARDS  
CEREMONY & REFRESHMENTS**

10 a.m. for all participants

Regular Raffle Prizes

*you must be present to win.*

Special Raffle Prizes

*you do not need to be present to win.*

Professional Race Announcer

**Tom Gillin**

**No bicycles permitted on course**

*For More Information Contact Race Directors (GLIRC Members):*

**Kevin McGuire 516-695-7062 or Maureen Quinn Morse 516-383-4742 • E-mail [testaverde5k@gmail.com](mailto:testaverde5k@gmail.com) or visit [www.testaverdefund.org](http://www.testaverdefund.org)**

**MAIL-IN REGISTRATION DEADLINE: POSTMARKED BY APRIL 2, 2016**  
**SAVE \$5.00 PER ENTRY: Postmark by March 10, 2016**

**For more applications - photocopy or  
download at [www.testaverdefund.org](http://www.testaverdefund.org)**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Age (as of 4/10/16) \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex  Male  Female

Check here for wheelchair participants

T-Shirt Size  SML  MED  LG  X-LG  XX-LG

I, the undersigned, hereby waive and release any and all rights and claims I may have against the Testaverde Fund for Spinal Cord Research, Inc., The Joe Testaverde Special Needs Trust, The Town of Hempstead, Wantagh Public School System, Just Finish, Inc. and all the sponsors for damages which I may have arising out of said event. I am physically fit and have trained for this race. The application warrants that "my physical condition has been verified by a licensed medical doctor." "Further, I hereby grant full permission to any and all the foregoing to use any pictures, or any other record of this event for any purpose whatsoever."

If signed by a parent, the parent agrees to release on behalf of the entrant, harmless of any claims which may be asserted by above named/ organizations and persons harmless of any claims which may be asserted by or on behalf of the entrant.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**MAKE CHECK PAYABLE TO: Testaverde Fund for Spinal Cord Injury, Inc. • MAIL TO: Testaverde Fund, 3445 Edgerton Avenue, Wantagh, NY 11793**